



QUADTRINITY SEMINAR

Monday, August 17, 2015

19:00 pm \ **Meeting Point: CCC** <http://www.ccc.com.pt/>

19:30 pm \ **Welcome Dinner:** (optional) (undefined restaurant)

Tuesday, August 18, 2015

9:00 am to 10:30 am **Informational Diagnosis:**

- **Sense of Self**
- **Quadtrinity Concept**
- **Quadtrinity Concept**

10:30 am to 11:00 am **Coffee Break**

11:00 am to 12:15 pm **Resume**

12:15 pm to 2:30 pm **Lunch** (optional) **Ribatejana Restaurant** (10 euros per person)
<https://www.facebook.com/restaurantearibatejana>

2:30 pm to 3:30 pm **Resume**

3:30 pm to 4:00 pm **Coffee Break**

4:00 pm to 5:30 pm **End summary**

7:30 pm \ **Dinner** (optional) **Ribatejana Restaurant** Caldas da Rainha (undefined price)

Wednesday, August 19, 2015

9:00 am to 10:30 am **Resume**

10:30 am to 11:00 am **Coffee Break**

11:00 am to 12:15 pm **Resume**

12:15 pm to 2:30 pm **Lunch** (optional) **Ribatejana restaurant** Caldas da Rainha (10 euros per person)
<https://www.facebook.com/restaurantearibatejan>

2:00 pm \ **Trip to Fatima** (Free) <http://www.fatima.pt/portal/>

7:30 pm \ **Dinner** (opcional) **Cais da praia** Foz do Arelho <http://www.caisdapraia.com/>



QUADTRINITY SEMINAR

Thursday, August 20, 2015

9:00 am to 10:30 am	Resume
10:30 am to 11:00 am	Coffee Break
11:00 am to 12:15 pm	Resume
12:15 pm to 2:30 pm	Lunch (optional) Ribatejana Restaurant (10 euros per person) https://www.facebook.com/restaurantearibatejana
2:30 pm to 3:30 pm	Resume
3:30 pm to 4:00 pm	Coffee Break
4:00 pm to 5:30 pm	End summary
7:30 pm \	Dinner (optional) Bowling Caldas https://pt-pt.facebook.com/Bowlingcaldas.p (undefined price) <ul style="list-style-type: none">• Playng Bowling• Karaoke

Friday, August 21, 2015

9:00 am to 10:30 am	Resume
10:30 am to 11:00 am	Coffee Break
11:00 am to 12:15 pm	Resume
12:15 pm to 2:30 pm	Lunch (optional) Ribatejana restaurant Caldas da Rainha (10 euros per person) https://www.facebook.com/restaurantearibatejan
2:30 pm to 3:30 pm	Resume
3:30 pm to 4:00 pm	Coffee Break
4:00 pm to 5:30 pm	End summary
7:30 pm \	Dinner (opcional) Pópulos restaurant http://www.igogo.pt/populos/ <ul style="list-style-type: none">• Night of Fado• Gifts offers